



Opportunity & Dignity for Adults with Disabilities

## **POLICY AND PROCEDURE ON ADMISSION**

Rev. 07/2024

### **SECTION 1 – ADMISSION**

#### **I. PURPOSE**

The purpose of this policy is to establish procedures that ensure continuity of care during admission or service initiation including Achieve Service, Inc. admission criteria and processes.

#### **II. POLICY**

Services may be provided by Achieve Service, Inc. as registered and licensed according to MN Statutes, chapter 245D and MN Statutes, chapter 245A. All services will be consistent with the person's service-related and protection-related rights identified in MN Statutes, section 245D.04. Achieve may provide services to persons with disabilities, including, but not limited to, developmental or intellectual disabilities, brain injury, mental illness, age-related impairments, or physical and medical conditions when Achieve is able to meet the person's needs.

Documentation from the admission/service initiation, assessments, and service planning processes related to the Achieves Service provision for each person served and as stated within this policy will be maintained in the person's service recipient record.

#### **III. PROCEDURE**

##### **Admission criteria**

- A. Certain criteria will be used by Achieve Services, Inc. to determine whether it is able to develop services to meet the needs of the person as specified in their *Support Plan*. In addition to registration and licensed ability, the criteria includes:
  1. Whether the person applying for services is an adult (18 years or older) with a diagnosis of developmental or intellectual disability, brain injury, mental illness, age-related impairments or physical medical conditions (sometimes referred to as related conditions)
  2. Whether the person is eligible to receive day services, prevocational services or employment services as determined by the county of financial responsibility.
  3. Whether Achieve Services, Inc. is below its licensed capacity with an opening that is



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appropriate for the person applying for service or Anoka County requests that Achieve Services, Inc. apply for an increase in license capacity and agrees to supply the necessary additional staff and equipment that the increased capacity requires.

- B. When a person and/or legal representative requests services from Achieve, a refusal to admit the person must be based upon an evaluation of the person's assessed needs and Achieve Services, Inc. lack of capacity to meet the needs of the person. (opening available, placed on waiting list, not appropriate for service).
  - 1. Applicants are placed on the waiting list in designation of what area they would be most appropriate for (minimal work, partial-day, full-day, or CBE). It is possible to be designated for more than one area.
  - 2. Applications are drawn from the waiting list in the order in which they applied and based on the appropriateness for the opening.
  
- C. Achieve Services, Inc. cannot refuse to admit a person solely up the type of residential services the person is receiving or solely on the person's:
  - 1. Severity of disability.
  - 2. Orthopedic or neurological handicaps.
  - 3. Sight or hearing impairments.
  - 4. Lack of communication skills.
  - 5. Physical disabilities.
  - 6. Toilet habits.
  - 7. Behavioral disorders.
  - 8. Past failures to make progress.
  
- D. Documentation regarding the basis for the refusal will be completed using the *Admission Refusal Notice* and must be provided to the person and/or legal representative and case manager upon request. This documentation will be completed and maintained by the Designated Coordinator and/or Designated Manager or designee.

### **Admission process and requirements**

- A. In the event of an emergency service initiation, Achieve Services, Inc. must ensure that staffing training on individual service recipient needs occurs within 72 hours of the direct support staff first having unsupervised contact with the person served. The company

must document the reason for the unplanned or emergency service initiation and maintain the documentation in the person's service recipient record.

- B. The Designated Coordinator for the area with an available opening will determine who the most appropriate person is for the spot.
- C. Prior to or upon the initiation of services, the Designated Coordinator and/or Designated Manager will develop, document, and implement the *Individual Abuse Prevention Plan* according to MN Statutes, section 245A.65, subdivision 2.
- D. The Designated Coordinator and/or Designated Manager will ensure that during the admission process the following will occur:
  - 1. Each person to be served and/or legal representative is provided with the written list of the *Rights of Persons Served* that identifies the service recipient's rights according to MN Statutes, section 245D.04, subdivisions 2 and 3.
    - a. An explanation will be provided on the day of service initiation or within five (5) working days of service initiation and annually thereafter.
    - b. Reasonable accommodation will be made, when necessary, to provide this information in other formats or languages to facilitate understanding of the rights by the person and/or legal representative.
  - 2. Orientation to the Achieve's *Program Abuse Prevention Plan* will occur within 24 hours of service admission, or for those persons who would benefit more from a later orientation, the orientation may take place within 72 hours.
  - 3. An explanation of and provision of a copy of the *Policy and Procedure on Reporting and Reviewing of Maltreatment of Vulnerable Adults* will be provided to the person served and/or legal representative and case manager within 24 hours of admission, or for persons who would benefit more from a later orientation, the orientation may take place within 72 hours.
  - 3. An explanation and provision of copies (may be provided within five [5] working days of service initiation) of the following policies and procedures to the person and/or legal representative and case manager:
    - 1. *Policy and Procedure on Grievances*
    - 2. *Policy and Procedure on Temporary Service Suspension*
    - 3. *Policy and Procedure on Service Termination*
    - 4. *Policy and Procedure on Data Privacy*
    - 5. *Policy and Procedure on Emergency Use of Manual Restraint*

6. *Policy and Procedure on Reporting and Reviewing of Maltreatment of Minors*
4. Written authorization is obtained from the person and/or legal representative for the following:
  - a. *Authorization for Medication and Treatment Administration*
  - b. *Agreement and Authorization for Injectable Medications*
  - c. *Authorization to Act in an Emergency*
  - d. *Release of Information*
  - e. *Specific Release of Information*
  - f. *Funds and Property Authorization*
    - i. This authorization may be obtained within five (5) working days of the service initiation meeting and annual thereafter. The case manager also provides written authorization for the *Funds and Property Authorization*
  - g. The *Admission Form* is signed by the person and/or legal representative and includes the date of admission or readmission. A Cover Sheet is completed including identifying information and contact information for members of the support team or expanded support team and others as identified by the person and/or legal representative.
- D. Also, during the admission meeting, the support team or expanded support team, and other people as identified by the person and/or legal representative will discuss:
  1. Achieve Services, Inc. responsibilities regarding health service needs and the procedures related to meeting those needs as assigned in the *Support Plan* and/or *Support Plan Addendum*.
  2. The desired frequency of progress reports and progress review meetings, at a minimum of annually.
  3. The initial *Funds and Property Authorization* and the Designated Coordinator and/or Designated Manager will survey, document, and implement the preferences of the person served and/or legal representative and case manager for the frequency of receiving statements that itemizes receipt and disbursements of funds or other property. Changes will be documented and implemented when requested.
- E. If a person's licensed health care professional or mental health professional has determined that a manual restraint would be medically or psychologically contraindicated, Achieve Services, Inc. will not use a manual restraint to eliminate the immediate risk of harm and effectively achieve safety. This statement of whether or not a manual restraint would be medically or psychologically contraindicated will be

completed as part of service initiation planning.

### **Admission process follow up and timelines**

- A. The Designated Coordinator and/or Designated Manager or designee will ensure that the person's other providers, medical and mental health care professionals and vendors are notified of the change in address and phone number.
- B. The Designated Coordinator and/or Designated Manager or designee will ensure that the person's service recipient record is assembled according to Achieve Services, Inc. standards.
- C. Within 15 calendar days of service initiation, the Designated Coordinator and/or Designated Manager will complete a preliminary *Support Plan Addendum* that is based upon *Support Plan*. At this time, the person's name and date of admission will be added to the *Admission and Discharge Register* maintained by the Designated Coordinator and/or Designated Manager.
- D. When a person served requires a *Positive Support Transition Plan* for the emergency use or planned use of restrictive interventions prohibited under MN Statutes, chapter 245D, and is admitted after January 1, 2014:
  - 1. The *Positive Support Transition Plan* must be developed and implemented within 30 calendar days of service initiation.
  - 2. No later than 11 months after the implementation date, the plan must be phased out.
- E. Before the initial planning meeting, the individuals Training Specialist will complete and the Designated Coordinator will review the *Self-Management Assessment* regarding the person's ability to self-manage in health and medical needs, personal safety, and symptoms or behavior. This assessment will be based on the person's status within the last 12 months at the time of service initiation.
- F. Before providing 45 calendar days of service or within 60 calendar days of service initiation, whichever is shorter, the support team or expanded support team and other people as identified by the person and/or legal representative must meet to assess and determine the following based on information obtained from the assessment, *Support Plan*, and person centered planning:

1. The scope of services to be provided to support the person's daily needs and activities.
  2. Outcomes and necessary supports to accomplish the outcomes.
  3. The person's preference for how services and supports are provided including how the provider will support the person to have control of the person's schedule.
  4. Whether the current service setting is the most integrated setting available and appropriate for the person.
  5. Opportunities to develop and maintain essential and life-enriching skills, abilities, strengths, interests, and preferences.
  6. Opportunities for community access, participation, and inclusion in preferred community activities.
  7. Opportunities to develop and strengthen personal relationships with other persons of the person's choice in the community.
  8. Opportunities to seek competitive employment and work at competitively paying jobs in the community.
  9. How services for this person will be coordinated across 245D licensed providers and members of the support team or expanded support team to ensure continuity of care and coordination of services for the person.
- G. Also, at the Initial planning meeting (and annually thereafter), the person and/or legal representative, case manager, and other people as identified by the person and/or legal representative will discuss how technology might be used to meet the person's desired outcomes. The team meeting minutes and/or Support Plan Addendum will include a summary of this discussion. The summary will include a statement regarding any decision that is made regarding the use of technology and a description of any further research that needs to be completed before a decision regarding the use of technology can be made.
- H. Within 10 working days of the initial planning meeting, the Training Specialist with oversight from the Designated Coordinator and/or Designated Manager will develop a service plan that documents outcomes and supports for the person based upon the assessments completed at the initial planning meeting.
- I. Within 20 working days of the initial planning meeting, the Designated Coordinator and/or Designated Manager will submit to and obtain dated signatures from the person and/or legal representative and case manager to document completion and approval



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of the assessment and *Support Plan Addendum*.

1. If, within 10 working days of this submission, the legal representative or case manager has not signed and returned the assessments or has not proposed written modifications, the submission is deemed approved and the documents become effective and remain in effect until the legal representative or case manager submits a written request to revise the documents.