



THE ACHIEVE PRESS

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News Sports Entertainment Activities Spotlight Poems Jokes



Thor The Therapy Dog

by Jenni M. & Melissa D.

Thor is a licensed therapy dog that visits Achieve once a week. I call that day Thorday. When people are stressed, he melts the stress away. We love seeing Thor, the therapy dog each week. You can also visit him and his daughter Nani on their very own Facebook page “The Adventures of Thor and Nani.”

Entertainment News & Reviews

by Michael C.



Review: Scrubs

A few weeks ago, the TV show Scrubs came back to air brand new episodes. It is nice to check in with the characters years after the original show ended. Almost all of the original actors are back in their roles. J.D., Elliott and Turk may have gotten older, but they still bring the laughter and the heart to what made the show a must-watch. If you are a fan of the original show, you will like this season. And if you are new to the show, I would suggest that you go back and watch the first nine seasons.

***10 stars.**

Review: Forrest Gump

Achieve’s Movie Club pick last month was Forrest Gump, starring Tom Hanks. I’ve seen this movie before a few times, and it still keeps getting even better. It’s about the life of a man named Forrest who has gone through many extraordinary experiences. Forrest has never lost his humanity during those events. After watching this movie, you will feel a sense of empowerment. Also, if you like movies, you should join Movie Club.

***10 stars.**

Spotlight: Area Plaid

by Team Plaid

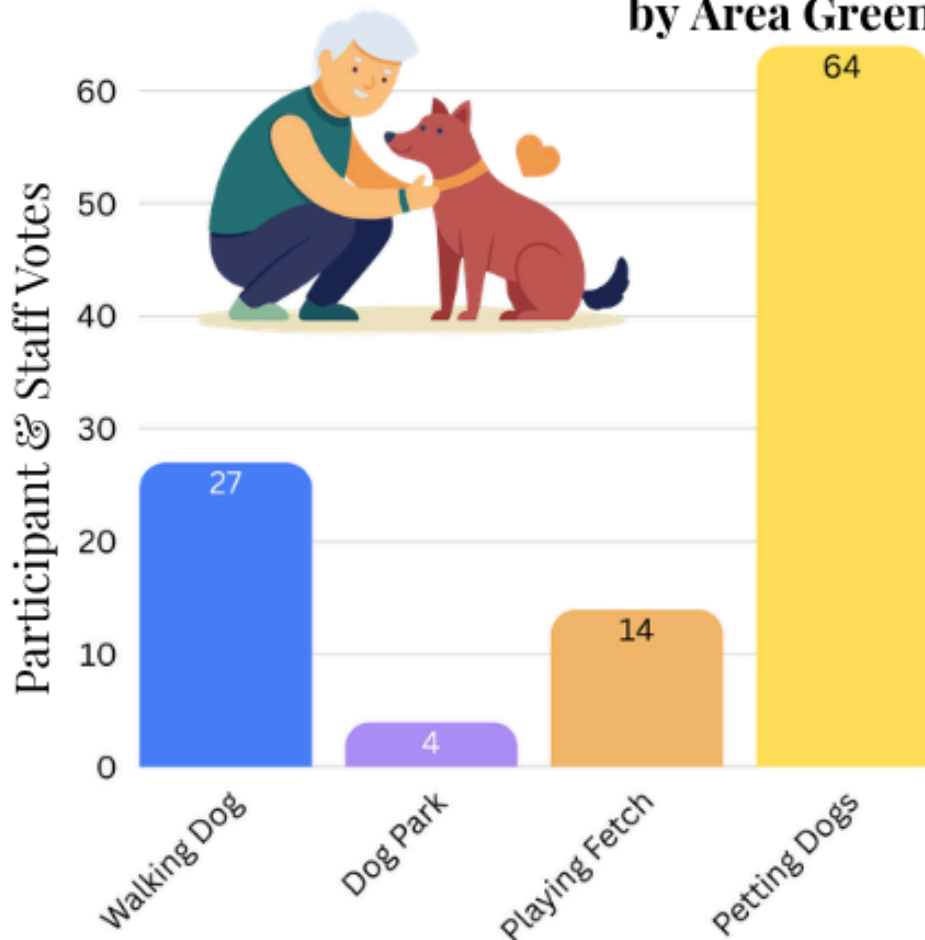
We have had a great start of the year! We are a busy group, getting 2,000 cards, 2 to 4 bags of paper shredding and multiple other cleaning and production jobs done every day! Four of us go out each day to work in the community including Circle K Holiday, Ceramics, and Medtronic, while others of us are subs for different job sites. While we do a lot of work each day, we still have time for tons of fun! We all love doing art in the Tuesday group and little projects in our own area. Recently in Area Plaid we made Chinese Lanterns and created our own Lego builds and built our own mini-Lego figures. We watched some of the Olympics last month and liked the hockey games the best.



We are all looking forward to Spring and adding to our fun by getting outside to play games and go for walks. We've been playing a little arcade basketball in our room with our new double-hoop basketball game! And let's not forget about how much we love our outings. We mostly like going out to eat. McDonald's, KFC and Subway are some of our favorite places to go. As a group we also earn "Kindness Points" when we show others we care. We are almost at 100 points, and then we get an ice cream party! We love Area Plaid!

Achieve's Favorite Dog Activity

by Area Green



This Month In History

by Lee G. & Melissa D.

April

4/6/1896 - The first modern Olympics was held.

4/15/1912 - The Titanic that was thought to be unsinkable struck an iceberg and sank.

4/9/1950 - The comedian Bob Hope made his first appearance on TV.

4/17/1964 - Ford introduced the 64 and 1/2 Mustang. The title was coined by enthusiasts but there was no difference from the 65 that was more refined.

2026 USA Winter Olympics Hockey Recap

by Dan O., Brock S., & Corey M.

It was an exciting Olympics for both men's and women's USA hockey teams! The men's team, which included 3 players from the MN Wild went undefeated, securing its first gold medal in 46 years! Outscoring their opponents 26 to 10. Dan's favorite player of the tourney is Austin Matthews. Brock's favorite is Matt Boldy. The women's team, which included 6 players from the MN Frost also went undefeated. They Absolutely demolished their competition, routing them by a whopping 33 to 2 margin on their way to a gold medal. Congrats to USA hockey on its 2026 Olympic success!



Cole's Corner

by Cole I. & Rho P.



Jobsite: Circle K Holiday

I am excited and looking forward to interviewing my coworkers about their Achieve jobsites and other things we are interested in for our new Newsletter! In this first edition of the Achieve Press I wanted to ask some friends about their workdays at Holiday jobsites.

My first question I asked was, what is your favorite part of working at Holiday? Jason L. says "cleaning the pumps and doing the garbage cans inside and out!" Brett L. told me that "Payday" is his favorite. Cody S. says his favorite is "mopping the floor," and Donny F. says his favorite is "working in the coolers."

Many different jobs are done at Holiday, but when I asked what they do exactly, they mostly told me they do whatever needs to be done! Brett said, "You name it, I do it!" The group I spoke with have worked at Holiday from a couple of years, all the way to 20 years! Everyone seems very happy to be an employee of Holiday! In my humble opinion, I agree, as I used to be an employee of Holiday too. My last question was if they had any advice or words of encouragement for other people who would like to try a job at Holiday. Donny says it is "important to have good coworkers," and Brett gave some good advice when trying new things "don't ever give up too easy." Good words to live by!

Achievers Club Clips

by Shannen S. & Traci S.



The Achievers Club planned some fun events for March. On Friday, March 20th we participated in the “Rock Your Socks” campaign in honor of World Down Syndrome Day which is observed on March 21st every year. Tuesday, March 24th was also International Day for Achievers. We celebrated with sporting our Achieve gear and debuting our “High Five Chain” video. In April, we are looking forward to observing Autism Awareness Month and planning a Spirit Week in honor of Achieve’s Annual Spring Gala!

Poems

by Lori T.



Winter Becomes Spring

When the warmer temps rise, as it becomes warmer, the more snow melts, we see the grass, the sun appears on the sky, when it shines; would make the people be happy. They’re glad that spring is on its way, makes their day go bright and good.



Jeff’s Jokes

by Jeff J.

Yesterday I bought a map of the world.
I then gave my wife a dart and told her to throw it and wherever it lands I will take her there on holiday.
This year we’re spending three weeks behind the fridge.

Food Group Recipe

Personal Pizza - February

by Ryan S.

Ingredients:

- English Muffin Half
- 1 Tablespoon of Pizza Sauce
- 1 Tablespoon of Mozzarella Cheese
- Italian Seasoning (optional)

Directions:

1. Toast English Muffin in the toaster.
2. Spread the pizza sauce on the English muffin and top with the mozzarella cheese and your favorite toppings.
3. Bake in the oven (or toaster oven) for 5 minutes at 400 degrees.

Green Giggles

by Area Green

What did one toilet say to the other toilet?
You look flushed!

What do you call a strawberry that is sad?
A blueberry!